

#### Agenda

- Introduction and Project Recap
- Creating Career Pathways for Long-Term Care Workers
  - Amy Robins, Director of Advocacy, PHI
  - Wesley Lo, CEO, Ohana Pacific Health & Hale Makua Health Services
  - Janna Hoshide, Sr. Director, Workforce Development, Healthcare Association of Hawai'i
- Discussion
- Next Steps and Adjourn



#### Long-Term Care Policy Guide



#### Table of Contents Addressing State Regulation of Long-Term Services and Supports Facilities... Challenges Facing Long-Term Services and Supports Facilities. Under-Resourced Oversight. Inadequate Staffing and Training. Nursing Home Care Financing. Patchwork of State Regulation Nursing Home Consolidation and Ownership Issues . Flawed Data Collection. State Strategies for Long-Term Services and Supports in Nursing Homes .. Strengthening Long-Term Care Ombudsman Programs ... Addressing Staffing Shortages. Toughening Oversight and Regulation. Improving Data Collection on Nursing Home Quality. State Case Study: Illinois' Nursing Home Rate Reform. Optimizing American Rescue Plan Act Funding for Home- and Community-Based Services **Under Medicaid** Provider and Workforce Supports. Quality Improvement Initiatives Housing Initiatives. Community Transition ..22 ..23 Service Expansions Caregiver Supports.. Coronavirus State and Local Fiscal Recovery Funds. Sustainability of American Rescue Plan Act Investments in Long-term Care ... State Case Study: Minnesota's Home and Community-Based Services Spending Plan. What's in the Plan? . Revitalizing the Direct Care Workforce and Supporting Family Caregivers. Challenges Facing the Direct Care and Family Caregiving Workforces State Strategies to Revitalize the Direct Care Workforce.. Increasing Compensation . **Employment Supports.. Enhancing Training and Education** Facilitating Career Advancement Expanding the Pipeline Data Collection and Monitoring State Strategies to Support Family Caregivers .. State Case Study: New York's increase in the home care worker minimum wage. 40 Endnotes. Acknowledgements About the Author.





Revitalizing the Direct Care Workforce and Supporting Family Caregivers



## National Center for State Long-Term Care Workforce Policy (2023) Project Summary

- National Long-Term Care Workforce Network
- National Online Resource Center
- State Technical Assistance Services





## Overcoming the Crisis: Opportunities for Building a Strong Direct Care Workforce

**Amy F. Robins, MPA, Director of Advocacy** 



We believe that caring, committed relationships between direct care workers and their clients are at the heart of quality care. Those relationships work best when direct care workers receive high-quality training, living wages, and respect for the central role they play.



## **Snapshot of the Direct Care Workforce**

 4.7 million workers supporting older adults and people with disabilities across settings (2021)

 Includes 2.6 million in home care, 647,500 in residential care, and 471,160 in nursing homes

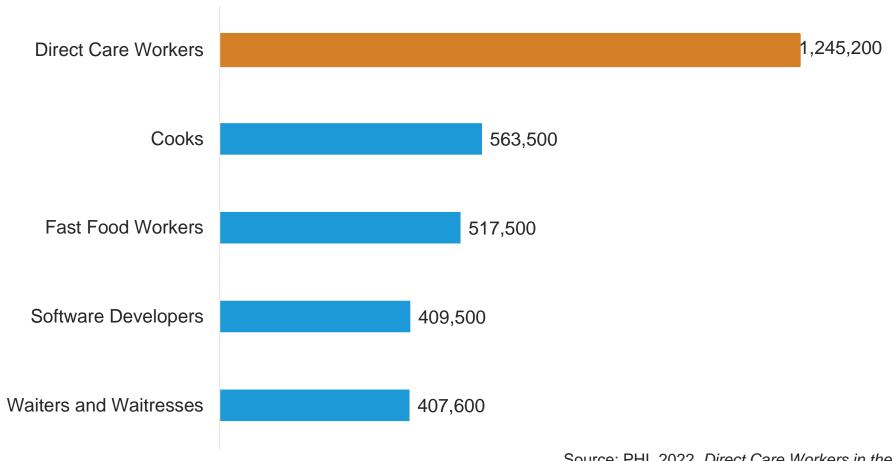
 DSPs employed across these settings, primarily in home and community-based services (HCBS)

 Predominantly women (86%), people of color (61%), and immigrants (27%)



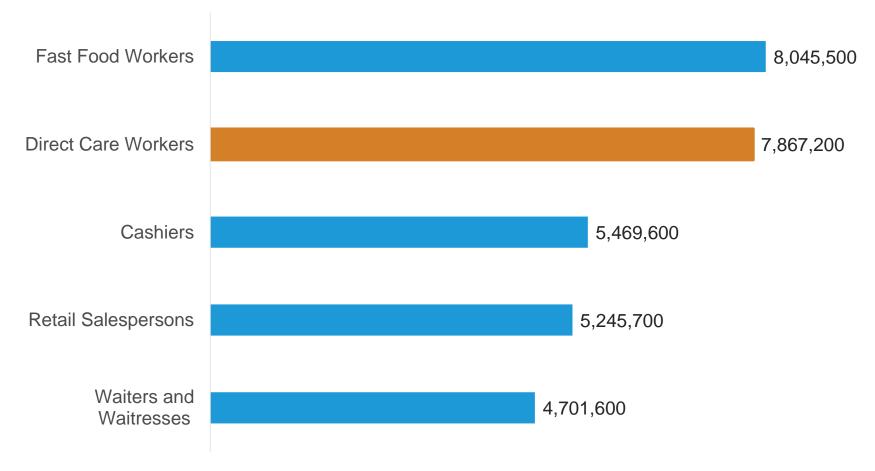
Source: PHI. "Workforce Data Center." Accessed 9/23/22. <a href="https://phinational.org/policy-research/workforce-data-center/">https://phinational.org/policy-research/workforce-data-center/</a>.

## Projected Number of New Jobs, 2020 - 2030



Source: PHI. 2022. *Direct Care Workers in the United States: Key Facts.* Bronx, NY: PHI. <a href="https://phinational.org/resource/direct-care-workers-in-the-united-states-key-facts-3/">https://phinational.org/resource/direct-care-workers-in-the-united-states-key-facts-3/</a>.

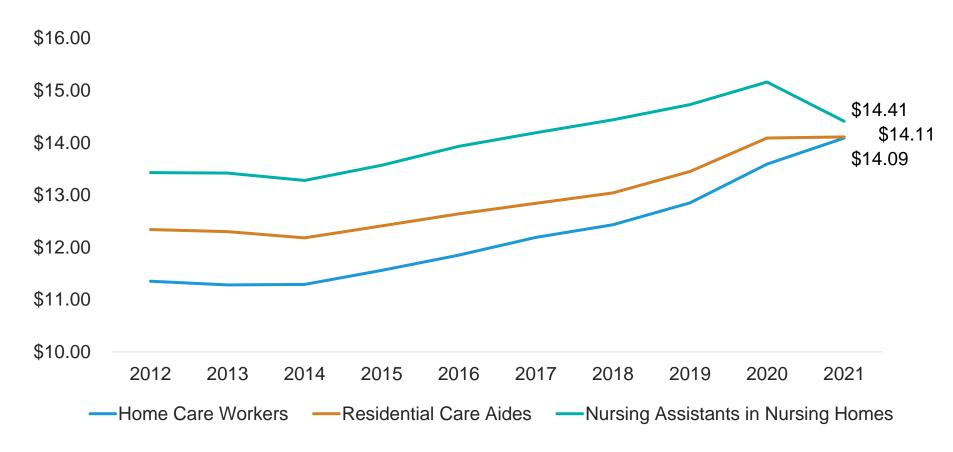
## Projected Number of Total Job Openings, 2020 - 2030



Source: PHI. 2022. *Direct Care Workers in the United States: Key Facts.* Bronx, NY: PHI. <a href="https://phinational.org/resource/direct-care-workers-in-the-united-states-key-facts-3/">https://phinational.org/resource/direct-care-workers-in-the-united-states-key-facts-3/</a>.



## Direct Care Median Wage Trends, 2012 - 2021





#### The Implications of Poor Job Quality

- Economic instability (2020):
  - Median annual earnings = \$21,700
  - 40% live in/near poverty; 43% rely on public assistance
- Disproportionate rates of occupational injury; comparatively poor health status and care access
- Workforce instability (2020):
  - 44% average turnover rate among DSPs
  - 12% average vacancy rate for DSP jobs
  - 30% of DSPs in their jobs for ≤12 months



Source: PHI. "Workforce Data Center." Accessed 9/23/22. <a href="https://phinational.org/policy-research/workforce-data-center/">https://phinational.org/policy-research/workforce-data-center/</a>; NASDDDS & HSRI. 2022. NCI-IDD: 2020 Staff Stability Survey Report. <a href="https://www.nationalcoreindicators.org/upload/core-indicators/2019StaffStabilitySurveyReport">https://www.nationalcoreindicators.org/upload/core-indicators/2019StaffStabilitySurveyReport</a> FINAL 1 6 21.pdf.



### THE 5 PILLARS OF DIRECT CARE JOB QUALITY





#### Career Lattices vs. Career Ladders

#### Lattices

- Within established scope of practice
- Crucial to cultivate a more stable workforce
- Employer-level initiatives: senior aides, peer mentors, condition specialists
- "Universal Aide"

#### Ladders

- Advancement-focused into nursing and other healthcare roles
- Tennessee's QUILTSS Initiative
- Apprenticeship Model <u>CNA Pathway</u>
- CNA to LPN/RN programs



#### **Employer-based Advanced Roles**

 Care Integration Senior Aide & Care Connection Senior Aide <u>Advanced Roles</u>

Partnership with employers, funders, state

#### **State Efforts**

- Training articulation; competency-based credentialing
- "Universal Aide" concept (Wisconsin, Michigan, New York)





#### Career Ladder Examples

#### **Career & Education Pathway**





https://quiltss.org



#### **Career Ladder Examples**

#### California's Universal Home Care Worker Occupational Group

- 3 levels, increased training and wages, expanded job responsibilities.
   Structured pathway within HCBS (<u>California Report</u>)
- Requires changes to scope of practice
- Proposed by state; not implemented





#### **Federal Opportunities**

President Biden's Executive Order on Increasing Access to High Quality Care and Supporting Caregivers

- National standards for direct care competencies
- Investment in apprenticeships
- Funding and Tech Assist for job quality initiatives
- Leveraging the public workforce development system

#### Legislation

- SB1298 Supporting our Direct Care Workforce and Family Caregivers Act
- Primary Care and Health Workforce Expansion Act (no bill number yet)
- SB 100 Better Care Better Jobs Act



#### **Key Components of Success**

- Statewide leadership across sectors, programs, settings, payors, populations
- > Inclusive of all stakeholders
- ➤ Building relationships based on respect, transparency, trust, collaboration vs. competition
- > Recognition of interrelatedness of solutions
- > Finding common ground and goals
- Common definition of DCW
- ➤ Advocacy on behalf of all DCWs
- > Neutral convener
- > Commitment, passion, patience, and persistence





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- Learn about our consulting services, policy research, advocacy, and public education campaigns
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- Subscribe to our monthly newsletter: PHInational.org/sign-up/
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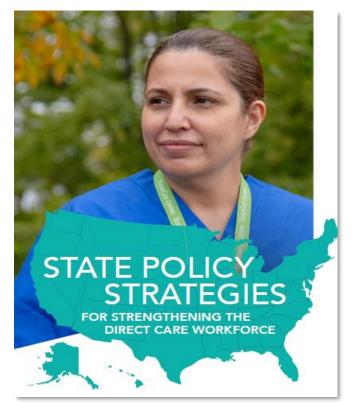






PHI works to transform eldercare and disability services. We foster dignity, respect, and independence for all who receive care, and all who provide it. As the nation's leading authority on the direct care workforce, PHI promotes quality direct care jobs as the foundation for quality care.











Direct care workers are essential—yet their jobs are rife with challenges that impoverish and flore many of these out of this field. While a gowing number of state leaders have begun exponeding to this critis by potentialing this workfrore, every state must livest in these workers to address the staffing crisis devastating this sector. PHTs new sulface sool—the Direct Care Workforce State Index—helps policystakers, advocates, and other stakeholders understand how states support direct size workers, where they can improve, and how they compare to other states.



#### **Workforce Data Center**



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## Sustaining the CNA and LPN Workforces in Hawai'i through the Cross-Sector Development of an Educational Glidepath





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#### The Author Team

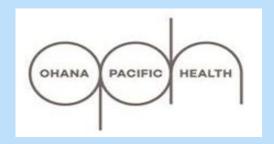


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Pacific Health





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Nursing



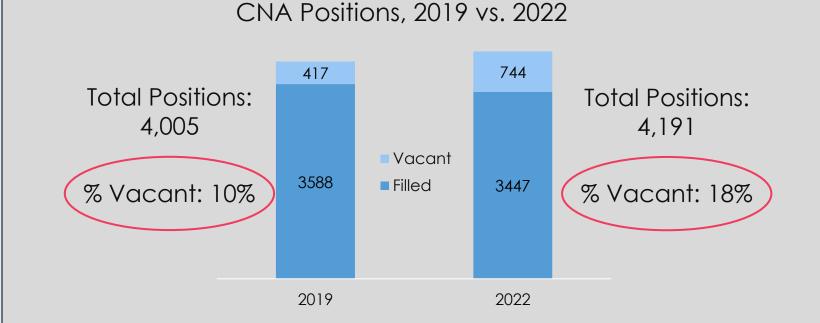
# The Problem: A Crucial Shortage of CNAs and LPNs in Hawai'i

Healthcare Association of Hawaii 2022 Healthcare Workforce Initiative Report

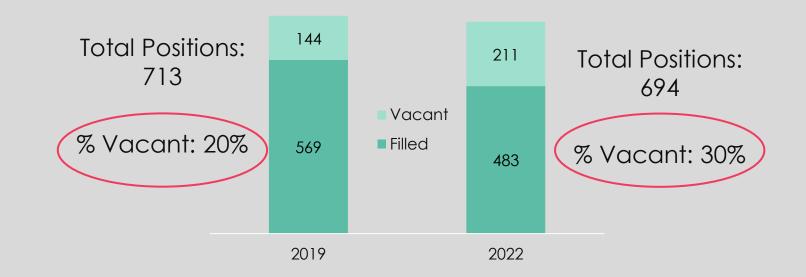
## Between 2019 and 2022:

 Vacant positions and vacancy rates increased

Supply decreased



#### LPN Positions, 2019 vs. 2022



# Reasons for the CNA/NA & LPN Supply-Demand Gap

#1 Geography





HAWAII





Reasons for the CNA/NA & LPN Supply-Demand Gap

#2
Education
Capacity



# Reasons for the CNA/NA & LPN Supply-Demand Gap

#3 Money Nurse Practitioner <u>Mean Annual Wage</u>: \$128,310

Median Area Income: \$121,400\*

Registered Nurse <u>Mean Annual Wage</u>: \$113,220

ALICE Survival Income Threshold: \$100,000\*

Required Pre-Tax Income: \$98,804\*\*

Licensed Practical Nurse <u>Mean Annual Wage</u>: \$55,730

Nursing Assistant Mean Annual Wage: \$39,870

Federal Poverty Guideline for Hawai'i: \$34,500\*

<sup>\*</sup> Household statistic for a family of 4

<sup>\*\*</sup> Household statistic for family of 4 with 2 adults one of whom is working

### Devising a Solution: The LPN Innovation Team

## An Invitation to Innovate

- Increase the number of CNAs who advance to LPN
- Support
   advancement
   to LPN for CNAs
   who must work



#### Forming a Cross-Sector Collaboration

<u>Healthcare</u>
<u>Association of Hawai'i</u>

University of Hawai'i Maui
College

Hale Mākua /
'Ohana
Pacific Health

Hawaiʻi State Center for Nursing <u>Kaiser</u>
<u>Permanente</u> &
<u>Local 5/BSH</u>

## What is a glidepath?

A glidepath is an earn-and-learn pathway allowing working individuals to maintain their jobs while advancing health education credentials. It is a tool that employers utilize to retain their current workforce and attract new entry-level workers. In addition to traditional post-secondary education pathway programs, glidepaths offer a career progression pathway option.

## Developing the Glidepath:

## Smoothing the Transition from CNA to LPN

НАН

Convened the partners

• Secured funds via Good Jobs

UHMC

• Developed LPN program

• Modified pre-requisites and admissions criteria

Provided student support

**Employers** 

• Selected employees; defined terms

• Provided clinical placements & funding

**HSCN** 

Provided support for program evaluation

What Makes
the Glidepath
Innovative in
Hawai'i

Leverages Employer Resources to Reduce Educational Capacity Limitations

Mitigates Common Challenges for Working Students

Creates a Legitimate Pathway for Career Advancement

### Implementation: Early Wins and Lessons Learned

- 32 students
  - 4 cohorts
  - 3 islands



- 32 students
  - 4 cohorts
  - 3 islands



- 32 students
  - 4 cohorts
  - 3 islands



- 32 students
  - 4 cohorts
  - 3 islands



## Student Snapshot

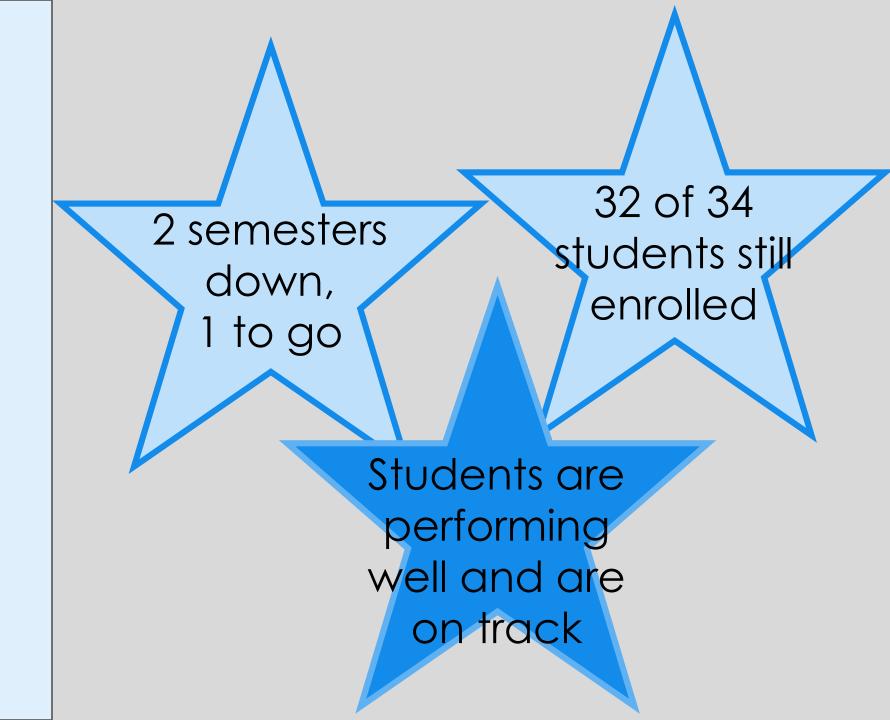
Previously applied to a nursing degree program

36% Are 35 years or older

Have 10 or more years of healthcare work experience

Have 2 or more jobs

## Student Successes





"So far this bridge program has been great.

There is a strong support system for us students. So I'd like to express my gratitude to 'Ohana Pacific Health and University of Hawai'i Maui college for . . . providing us with the chance to progress in this field."

# Note from a Student

Helping
Students
Navigate
Challenges

Work-School-Life balance is hard to achieve

Reduction in work hours posed a financial hardship for some

Students tended to need more support than they expected

February 1, 2023

#### Addressing the shortage of licensed practical nurses

Kaiser Permanente, UNITE Here! Local 5, and UH Maui launch apprentice program.

HONOLULU - Kaiser P PRESS RELEASE of Hawaii Maui College Nurse Trainee Program B08-343-2406 (mobile) employees who wish to

inaugural cohort consis various Kaiser Perman assistants and hospital The program's curriculu and specialty care area for employees to beco-

practical nurse position \*Together with our par excited to kick off our f Lagapa APRN, vice pro Permanente in Hawaii members, who have all open positions."

Hawaii has long dealt y there are an estimated predicts that the dema through 2030. Program their professional skills

"This program is design it unique is the fact that pay nothing for the pro flexibility. We are grow Ben Hudnall Memorial

#### **About UNITE He**

Local 5 represents appr work in the hospitality affiliate of UNITE HERE 300,000 workers throu Hotel and Restaurant E 5 has remained one of successful local unions Union's strategies and members in Kaiser Perr benefits in Hawaii's hea but also all local health membership has grown part of the Union's mer

#### About Kaiser Per

Kaiser Permanente is c We are recognized as a not-for-profit health pl





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#### Aloha State's healthcare workforce need gro since 2019: report



What difference can three years and a once-in-a-century pandemic make to Hawaii's healthcare workforce?

A lot, according to the 2022 Healthcare Workforce Initiative report assessing healthcare staffing and education needs in the Aloha State. The report is a follow-up to the inaugural 2019 report, launched by the Healthcare Association of Hawaii, which represents assisted living and skilled nursing facilities, home care companies, hospices

Among the key findings is the need to increase entry-level health certification pipeline, attract and retain healthcare workforce through glide paths, and expand nurse residency and transition-to-specialty registered nurse programs.

Recognizing a growing need for more healthcare workers, HAH in 2018 launched the Healthcare Workforce Initiative to better understand the current employment needs across the state's healthcare continuum. The collaboration across the state's education healthcare and community-based sectors shares a common goal of increasing locally trained and educated healthcare employees, according to HAH President and CEO Hilton

#### A growing need for healthcare workers

The 2022 report identified almost 3,900 open positions across 89 public-facing professions, a 76% increase over 2019 figures. Respondents included assisted living communities and other long-term care settings, hospitals, health system clinics. physician officers, federally qualified health centers, physical therapy providers and

In assisted living, the overall healthcare vacancy rate moved from 11% in 2019 to 14% this year. Entry-level open certified nursing assistant positions remain elevated in 2022, with a 15% vacancy rate, whereas the vacancy rate for licensed practice nurses is 32%

Skilled Nursing News



Burst







in

career advancement.







State-level initiatives from Hawaii to the Midwest are gaining traction by allowing workers to train for specialized positions while pursuing their existing jobs. These programs also not only guarantee employment, but give operators and clinical staff a chance to recoup costs and tie bonuses for completing committed time.

At the heart of successful new hiring programs backed by nursing

better pay, free training, a guaranteed job, and an easier path to

homes across the United States is the philosophy that nurses deserve

Operators across many states are finding success in using these programs to train and promote non-clinical workers, such as in hospitality and housekeeping, to become certified nursing assistants (CNAs), while others are availing the opportunities to allow clinical staff to deepen their skills and become licensed practical nurses (LPNs) or even registered nurses (RNs).

Sports \* MAUI COUNTY NEWS

#### Gov. Green moves to increase healthcare opportunities

Updated: Jun 13, 2023 / 07:02 PM HST



Living808 ▼

TRENDING STORIES

HONOLULU (KHON2) - Governor Josh Green, M.D. announced that he has signed legislation that will expand access to healthcare on Maui. This move is to secure and uplift career advancement opportunities for healthcare workers in Hawai'i.

Wake Up 2day ▼

"These bills emphasize the importance of our health and education systems, in meeting the healthcare needs of residents across our state," said Gov. Green. "Both bills represent the collaborative efforts between my Administration and the Legislature to help address these needs."

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Gov. Green signed HB 353 in order to address the statewide shortage of healthcare workers.

"An acute-care hospital is greatly needed for West Maui. The island has seen tremendous growth and protected rates of growth and visitors going forward are unprecedented," he said.

The new law appropriates \$130,000 for instructional costs for the following:

- · Certified Nurse Aide-to-Practical Nurse Bridge Program at University of Hawai'i Maui College.
- . \$200,000 to provide student aid to participants in the CNA-to-LPN Program at the school.

"In addition to providing greater access to health care for the people of Maui, completion of a West Maui Hospital and Medical Center will also generate excellent job opportunities for residents in the community," added Gov. Green.

#### World's largest drag brunch breaks Guinness World Records™ >

According to Gov. Green, this new appropriation measure includes funds for tuition, fees, supplies and related costs.

"We are so very grateful to Governor Green for signing this bill, authorizing up to \$20M in special purpose revenue bonds to help our foundation with financing costs for the long-planned West Maui



Local v

- ► Hurricane Calvin now a category 3, impacts uncertain
- Gruesome photos presented in day 2 of Eric Thompson ...
- ► Hawaii rail could cost taxpayers \$54 per passenger
- ► Hurricane Calvin impacts: Heavy rain, higher winds





# Looking Forward: Expansion and Sustainability







- Plans for expansion to Hawai'i Island
- Significant interest to open admission to the public
- Long-term sustainability will require expansion of faculty/continued tuition and education support



### References

#### For Sources Not Linked on Individual Slides

- Slide 4
  - Hawai'i Health Workforce Initiative Reports for 2019 and 2022, Healthcare Association of Hawai'i
- Slide 6
  - State of Hawai'i's Nursing Faculty Shortage, 2021, Hawai'i State Center for Nursing (HSCN)
  - Hawai'i State Nurse Education Capacity Report for Academic Year 2020-2021, HSCN
  - Projections of Hawai'i's Nursing Clinical Placement Demand, AY22-AY26, HSCN
  - State of Hawai'i's Nurse Faculty in 2022, HSCN
- Slide 9
  - <u>The Hawai'i Good Jobs</u> program
  - Article about the Healthcare Association of Hawai'i's work on the CNA-LPN Glidepath
  - News story about the <u>Hāna Career Pathways</u> program
  - Article about Kaiser Permanente/Local 5 participation in the CNA-LPN Glidepath

## **Q&A/Discussion**



## **Next Steps**

- Next Network Meeting: September 25 or 27
- Focus: Building Career Pathways for Long-Term Care Workers Pt. 2
- Coming Soon: National Online Resource Center: <a href="https://web.csg.org/long-term-care/">https://web.csg.org/long-term-care/</a>
- Send Us: Relevant Bills, Reports, Resources, Articles, Initiatives
- Request State Technical Assistance Services
- Reach Out With Your Thoughts (<u>sslone@csg.org</u>)
- See you at the HCBS Conference!



## Thank You!

